



# The ULTIMATE overnight DANCE CAMP 2026

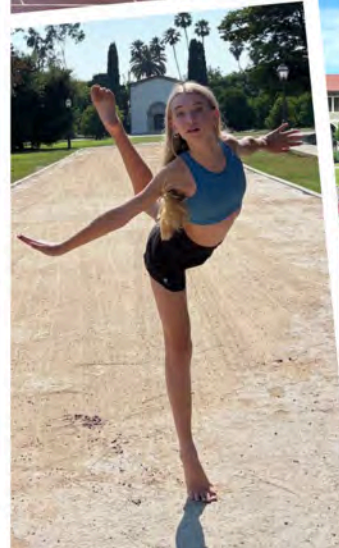
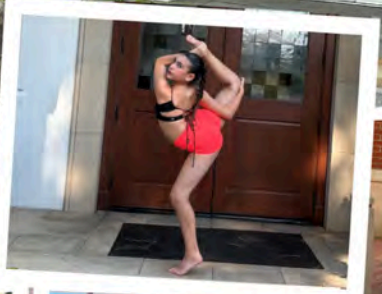
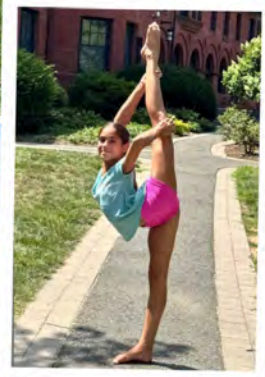


**Early Bird  
Discount**

Don't Miss Out!

Register by  
4/20/26

Summer 2026 Locations: CA ♥ CO ♥ IL ♥ MD ♥ NC ♥ NJ ♥ TX ♥ VT ♥ WI





# WELCOME HOME

We believe we have to do what we love. And we believe the world needs strong, inspired girls like us who are doing more of what they love.

American Dance Training Camps is the **ULTIMATE** overnight dance camp for girls ages 8-17. At ADTC, we spend an action-packed week (or two or more!) doing what we love most - **dance**.

Our campers come from every corner of North America and around the world. Some arrive with friends or a group, many come solo - but we all leave with new friendships & lifelong memories.

Whether a beginner or a seasoned competitor, our goal is for every camper to have fun and grow as a dancer and a person. ADTC provides a tight-knit, all-girl community - a place to get away from daily pressures, disconnect from screens, and reconnect with ourselves and one another.

We can't wait to welcome new and returning campers "home" to dance, adventure, new friends & fun in 2026 - **our 24th summer**. We're excited to make it our best summer yet!

# OUR LOCATIONS

We operate in beautiful locations where the pace of life is slower. At ADTC, mountains, forests and lakes surround us. We breathe fresh air, reduce stress, raise serotonin, boost our immune systems, and do what we love all day long.

Complete location details online  
[www.AmericanDanceTrainingCamp.com](http://www.AmericanDanceTrainingCamp.com)

# California



## ULTIMATE SIERRA TAHOE

Session 1: June 14 - 20  
Session 2: June 21 - 27

# Wisconsin



## ULTIMATE CENTRAL LAKES

Session 1: July 19 - 25  
Session 2: July 26 - Aug 1

# Illinois



## ULTIMATE CHICAGO LAKE SHORE

Session 1: June 14 - 20  
Session 2: June 21 - 27

# Vermont



## ULTIMATE GREEN MOUNTAINS

Session 1: June 28 - July 4  
Session 2: July 5 - 11  
Session 3: July 12 - 18

# ADTC 2006



# N. Jersey



## ULTIMATE TRI-STATE

Session 1: Aug 2 - 8

# Colorado



## ULTIMATE ROCKY MOUNTAINS

Session 1: June 7 - 13  
Session 2: June 14 - 20

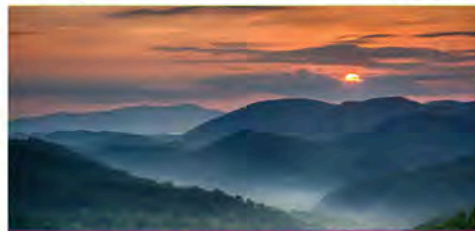
# Texas



## ULTIMATE HILL COUNTRY

Session 1: June 14 - 20  
Session 2: June 21 - 27

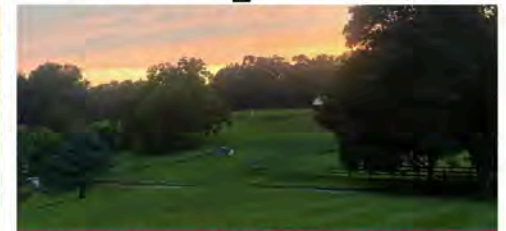
# N. Carolina



## ULTIMATE SMOKY MOUNTAINS

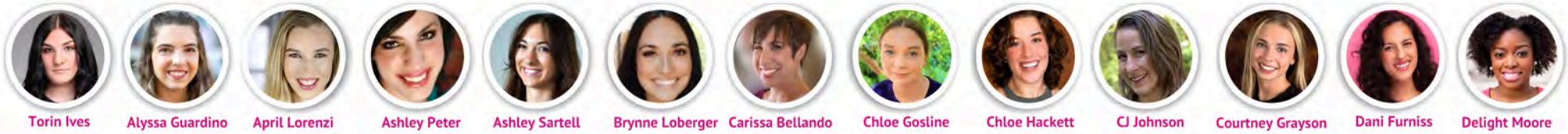
Session 1: June 21 - 27  
Session 2: June 28 - July 4

# Maryland



## ULTIMATE CHESAPEAKE HILLS

Session 1: July 19 - 25  
Session 2: July 26 - Aug 1



Torin Ives

Alyssa Guardino

April Lorenzi

Ashley Peter

Ashley Sartell

Brynne Loberger

Carissa Bellando

Chloe Gosline

Chloe Hackett

CJ Johnson

Courtney Grayson

Dani Furniss

Delight Moore



Taylor Griffith



Talia Putrino



Sophia Michitson

# WORLD CLASS CHOREOGRAPHERS

ADTC is the **ULTIMATE** overnight dance camp, but most importantly, we believe in core values that inspire us every day we wake up. Our summer staff is trained to empower girls...we just happen to be some of America's best choreographers, too. In addition being Broadway performers, finalists from dance TV shows, collegiate dance team competitors and Radio City Rockettes, we're also CEOs ("Chief Experience Officers") at camp. Each year ADTC staff (new and returning) undergo a rigorous hiring process that includes an extensive application, interviews, employment verification, criminal background check, CPR & first aid certification, physical exam, health screening, skills verification, and a multi-day pre-camp staff training. And it works! It takes a whole crew of enthusiastic, dedicated superwomen to create the **ULTIMATE** overnight dance camp experience. We couldn't ask for more interesting, passionate and nurturing teachers and counselors.



Dylan Horwitz



Eileen Boyle



Ellen Mihalick



Sarah Sinclair



Sadie Arundale



Lila Angle



Lauren Goodman



Katelin Baughn



Kierstyn Sharrow



Kyra Sorce



Kelly MacMillan



Kayla Reid



Jo Liebenberg



Jordan McBee



Gina Daugherty



Gianna Lucarelli



## Meals

Fresh and flavorful meals are served three times per day by the professional food services at our host facilities. Meals begin after check-in with Sunday night dinner and end before check-out with Saturday morning breakfast.

## Canteen

We love spending time with new friends in the ADTC Canteen (camp store). The Canteen is open daily and offers snacks, beverages, personal items, dance apparel and supplies, plus ADTC t-shirts and souvenirs. Spending money is added to each camper's canteen account at check-in and used for purchases throughout the week.



## LIFE @ ADTC

Our unique locations give us access to all the traditional activities we love at summer camp, along with all the amenities of fully accredited boarding schools and colleges. And at ADTC, we have just as much fun outside the studio as we do in class!



## Roommates

We enjoy living together in comfy dorms! Rooms & hallways are organized so campers are grouped by age. Our staff is housed in rooms on each floor to provide 24-hour support.

Campers who come solo to ADTC (like so many do!) are thoughtfully matched with another solo camper close in age. Friends who would like to room together will submit requests via our Registered Camper Form closer to camp. We always honor mutual roommate requests.



## Groups

Coming with a group? We're happy to place groups of friends nearby each other - either in the same room, next door, or across the hall. While we can't guarantee triples, we'll always do our best to keep friends close.



# TYPICAL DAY

At ADTC, we get to do what we love most - **dance** - all day long. Our schedule is packed with dance classes, electives, team events, and outdoor adventures. In between classes and activities, we enjoy meals together, relaxing downtime, and lots of team bonding.

## Theme Days

We love spirit at ADTC and also have fun theme days so each week feels exciting and unique. Participation is always optional, and no advance planning is required - part of the fun is being creative and spontaneous with new friends at camp.



7:20am

### Wake Up



Time to get out of bed, clean our room & get ready to dance!

8:00am

### Breakfast



We set the tone for the day with a thoughtful morning reflection.

8:45am

### Warm Up



All campers warm up together.

9:00am

### Dance Classes



We take morning classes in jazz, contemporary & hip hop.

12:00pm

### Lunch



Healthy options are available at each meal (including salad bar).

10:30pm

### Lights Out



What a fun day! Time to get our be-awesome rest...

1:00pm

### Elective Class



Campers choose between ballet, tap, and world dance.

9:45pm

### Team Meeting



Discuss the day and share any rose, bud, and thorns.



2:00pm

### Day Activities



Field trips, dance workshops, arts & crafts, team events, etc.

9:15pm

### Free Time



Hang out with new friends, and start getting ready for bed.

7:15pm

### All Camp Activity



ADTC favorites are Dance Idol & Dance Tech night.

6:30pm

### Open Studio



Extra studio time to work on idol or group dances, new skills, etc.

5:30pm

### Dinner



All meals are included in the weekly Room & Board fee.

4:45pm

### Siesta



Take a nap, read a book, journal, shower, or just get cozy & relax.

# DANCE CLASSES @ ADTC

The core dance disciplines at ADTC are contemporary, hip hop and jazz (styles of jazz vary and may include Broadway, lyrical or modern). Elective dance classes include ballet, tap and world dance (examples may be Afro, Irish, Bollywood, etc.).

## Dance Groups

We decide dance groups after our Sunday night dance party, where campers learn two short combos. Morning classes in jazz, hip hop, and contemporary are taught in assigned groups (9am-12pm).

## All Levels

At ADTC, we welcome dancers of all levels, from beginners through competitive performers. Our world-class choreographers provide expert instruction that supports growth and confidence.



Contemporary



Jazz



Hip Hop



Ballet



Tap



World



# FRIDAY NIGHT SHOW

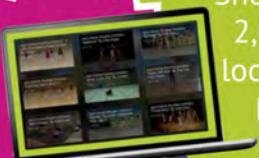
Fridays are THE highlight of the week at ADTC. Each session at each of our locations culminates with a Friday Night Show. In just five days, campers learn performance pieces in four different dance disciplines (at least). The show lasts approx. one hour and usually begins at 7:00pm.



2,000+ Dance Videos Online!

[www.AmericanDanceTrainingCamp.com](http://www.AmericanDanceTrainingCamp.com)

Watch clips from 20+ years of ADTC Friday Night Shows! Now you can filter 2,000+ dance videos by location, teacher, style & level - check us out!



## Awards

At ADTC, girls who love dance are recognized for dedication, growth, and effort. Awards are presented at the end of the show to celebrate hard work and progress.



## More Than Dance

At ADTC, we enjoy a variety of fun off-campus field trips like horseback riding, kayaking, tubing, ropes course, trampolines, water parks, and more! Afternoon and evening on-campus activities may include dance workshops, arts & crafts, open studio time with our instructors, movie & spa nights, or just relaxing and hanging out with friends in the dorms.

## Team Events

At the start of each week, we place girls on teams to encourage bonding & camp spirit. Teams earn points by participating in friendly events like photo safaris, dance idol and dance tech night (dance trivia, flexibility, leaps, strength challenges, etc.)



# ACTIVITIES @ ADTC

There's a lot more than dance at ADTC. We believe girls need to get out and have more fun! Activities like those pictured are offered during free time.

Camper families may open an activities account at registration to receive 20% OFF activities fees at camp, or pay individual fees at check in.





Alpine Slides



Bowling



Aqua park



Beach Trip



Biking



Build-A-Bear



Climbing Wall



Escape Room



Girls Night Out



Hiking



Horseback Riding



Kayaking



Paint Night



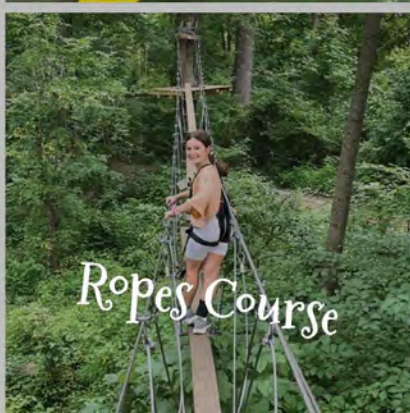
Paintball



Rafting



Roller Skating



Ropes Course



Sky Jump



Stand Up Paddle Boarding



Swimming

# ADTC 2026 DANCE CAMP RATES



**Register by Apr 20th for Early Bird Discount!**

ADTC tuition includes all core dance classes & electives (4 - 5 classes per-day), our unique Friday Night Show and most on-site activities (team events, night activities, etc.). Tuition must be paid in full (including Room & Board - see rates below) by the deadline to receive the discounted rate. ADTC Alumni get an additional \$50 OFF tuition, per-session. And more sessions = more savings... take \$200 OFF two weeks, and \$600 OFF three weeks!

**Save even more by Feb 20th w/ \$50 Early Decision Bonus (total savings start at \$200+) ~ use code EARLY50**

Registration Deadlines	1 Week	2 Weeks (+\$200 OFF)	3 Weeks (+\$600 OFF)
By 4/20/26 ~ Early Bird: \$150/wk OFF	\$1099 (Alumni \$1049)	\$999/wk (Alumni \$949/wk)	\$899/wk (Alumni \$849/wk)
After 4/20/26 ~ Regular Rates	\$1249 (Alumni \$1199)	\$1149/wk (Alumni \$1099/wk)	\$1049/wk (Alumni \$999/wk)

## OVERNIGHT CAMPER ROOM & BOARD RATES

Overnight campers stay on campus in residence halls with dorm rooms, lounges and laundry facilities. The "Room & Board fee includes lodging, supervision and three meals per-day from Sunday night dinner through Saturday morning breakfast. The multi-week fee also includes Saturday night lodging & supervision between camp sessions, Saturday lunch & dinner, as well as Sunday morning brunch.

### Price Example

Here's the price breakdown if you're an alumni camper registering by 2/20 w/ code EARLY50 for 1 wk in WI:

\$999 Base Tuition Rate  
 + \$499 WI Room & Board  
**\$1,498 total (\$250 OFF)**

Rocky Mountains, CO	Hill Country, TX	Chicago Lake Shore, IL	Tri-State, NJ
1 Wk (6 nights): \$849	1 Wk (6 nights): \$649	1 Wk (6 nights): \$749	1 Wk (6 nights): \$999
2 Wks (13 nights): \$1648	2 Wks (13 nights): \$1248	2 Wks (13 nights): \$1448	

Central Lakes, WI	Sierra Mountains, CA	Green Mountains, VT	Smoky Mountains, NC	Chesapeake Hills, MD
1 Wk (6 nights): \$499	1 Wk (6 nights): \$949	1 Wk (6 nights): \$799	1 Wk (6 nights): \$599	1 Wk (6 nights): \$699
2 Wks (13 nights): \$948	2 Wks (13 nights): \$1848	2 Wks (13 nights): \$1548	2 Wks (13 nights): \$1148	2 Wks (13 nights): \$1348
		3 Wks (20 nights): \$2297		

# Register Online:

[AmericanDanceTrainingCamp.com](http://AmericanDanceTrainingCamp.com)

## Optional Activities Fees & Requirements

For reference, individual activity prices for each location are listed on our website's "dates & rates" page. Note that there are always included (fee free) activity options available for campers who do not wish to participate in the optional field trips & additional fee activities. Also note that the activities described on our website are subject to change (including price change) or cancellation without notice. Camper families may open an activities account at registration to receive 20% OFF activity fees at camp, or pay individual fees at check-in.

## Multi-Week Overnight Campers

Multi-week overnight campers get **\$200 OFF** two weeks, and **\$600 OFF** three weeks! Multi-week campers are welcome to check out with their parent (or another authorized person) on Saturday from 9 - 11am, but they must check back in on Sunday by 3pm. The majority of multi-week campers stay with us between sessions and participate in a Saturday field trip. Saturday night lodging and meals are included in the multi-session room & board.

## Additional Savings

<b>Alumni Discount:</b>	\$50 OFF per camper, per session (applies to ADTC alumni only)
<b>Alumni Friend Discount:</b>	\$50 OFF per camper, per session (applies to both the referring alumni camper <b>and</b> each new friend who enrolls)
<b>Regular Friend Discount:</b>	\$25 Canteen Credit per camper, per session (applies to both the referring camper <b>and</b> each new friend who enrolls)
<b>Family Discount:</b>	\$100 OFF per camper, per session (applies to siblings attending ADTC together)
<b>Group Discount:</b>	\$100 OFF per camper (applies to 4+ girls attending together from the same hometown or dance studio) \$200 OFF per camper (applies to 7+ girls attending together from the same hometown or dance studio)

## Payment Requirements

**Holiday Rates (register by Dec 31):** A \$350 per camper, per session deposit is required at registration. Remaining tuition is due in full by Feb 20.

**Early Bird Rates (register by Apr 20):** A \$350 per camper, per session deposit is required at registration. Remaining tuition is due in full by Apr 20.

**Regular Rates (register after Apr 20):** Full tuition payment is due at registration.

*\* Payment plans may be available. Email [info@dancedtc.com](mailto:info@dancedtc.com) to discuss options.*

## Cancellations, Changes & Refunds

All changes or cancellations must be submitted in writing via email. Cancellations received up to **90 days before** camp qualify for a full refund, or up to **30 days before** for a **100% Future Camp Credit**. Refunds are issued according to the following timeline:

- **Up to 90 days before camp:** 100% refund of tuition paid
- **Up to 60 days before camp:** Refund of tuition paid, less the \$350 per camper, per session deposit (**\$350 Future Camp Credit**)
- **Up to 45 days before camp:** 50% refund (**50% Future Camp Credit**)
- **Up to 30 days before camp:** No refund; **100% Future Camp Credit**
- **After camp begins:** No refund or credit for early withdrawal or late arrival

*\* Future Camp Credits may be applied toward any ADTC camp within two years of the original session.*



# ADTC – The ULTIMATE Overnight Dance Camp!

Enroll Online! [www.AmericanDanceTrainingCamp.com](http://www.AmericanDanceTrainingCamp.com)

1631 Barton Springs Rd  
Austin, TX 78704  
866-383-ADTC (2382)  
Info@DanceADTC.com

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